

Ekhaya/kubhizinisi

- o Vala impompi emkhatsini wekugeza buso, kuhlumba ematinyo nome kushefa.
- o Geza entjintjowozi imizuzu lesihlanu ngelilanga, kunekutsi ugeze ebhavini, utawusebentisa kunye kulokutsatfu emanti lowasebentisa ebhavini, wonge emalitha lange-400 emanti ngeliviki.
- o Kugeza entjintjowozi kungasebentisa emalitha lange-20 emanti ngemzuzu.
- o Nangabe uncoma kugeza ebhavini, ungaligcwalisi mfi ngemanti.
- o Kugeza ebhavini kungasebentisa emanti lasemkhatsini we-80 ne-150 emalitha.
- o Sebentisa timpompi letinetinhloko tentjintjowozi lethambisa emanti kancane, emathoyilethi lasebentisa tinkinobho letimbili tekuhambisa emanti kanye nemishini yekuwasha leyonga emanti.
- o Emagedlela kufanele kutsi angagcwaliswa mfi emanti kodvwa alingane nje kahle ngekwesidzingu sakho. Loku kutakwehlisa futsi netindleko takho tagezi.
- o Ungatigcwalisi ngalokwecile ticukatsi letifanana nemabhodo, ngobe loko kungabangela kutsi usebentise gezi lomnyenti kufutfumeta emanti.
- o Kunciphisa umtsamo wemanti lohambisako ngawo kungcola endlini lencane kuyindlela yekonga 20% yemanti. Loku ungakwenta ngekubeka libhodlela lesinatfo leliyi-2 l, liglcwaliswe ngemanti kanye nenhlabatsi lencane kute isisiteni isindze.
- o Lungisa indlu lencane levutisa emanti ngobe nakungenjalo loko kungachitsa emalitha lati-100 000 temanti ngemnyaka.
- o Kwema kuhambisa emanti bendlini lencane ngalokungakadzingeki. Lahla emgcomeni nemathishu kanye nalokunye kungcola kunekutsi ukulahle ethoyilethi. Ngaso sonkhe sikhatsi nawuhambisa kungcola ngemanti ethoyilethi, emalitha la-12 emanti ayasebentiseka.
- o Sebenta "emanti lamphunga" – emanti lasetjentiswe ebhavini, emishinini yekuwasha kanye nakuleminyey imitfombo lephephile – kuhambisa kungcola ngemanti ethoyilethi.
- o Ungaligcwalisi mfi nome uligeze ngalokwecile lidamu lakho.
- o Sebentisa libhakeke kuneliphayiphi nawugeza imoto yakho. Nangabe kufanele kutsi usebentise liphayiphi, sebentisa sifafati longakhona kusivala ngesikhatsi uyifafata ngemanti. Kusebentisa liphayiphi kungasebentisa emanti langemalitha lange-30 ngemzuzu.
- o Ungatseli pendi nemakhemikhali kudreyini yakho.
- o Balimi kufanele kutsi bacinisekise kutsi tibulalitinambutane letinebutsi tibasekudzeni nemitfombo yemanti nome imifudlana.
- o Emafekhtri kufanele kutsi anakekele kutsi mekyuri ayicitsa njani kanye nemanye amakhemikhali lafana nayo emantini ekungcola.
- o Bantfu labahlala etindzaweni tasemaphandleni kufanele kutsi bacaphele kutsi bangasebentisi umfula nome lusentse lwemfula njengelithoyilethi.

Esvandzeni

- o Nisela tijalo takho ekuseni nome kusihlwa, ngesikhatsi emazingalichwa aphaasi. Emakhatsini wensimbi ye-10:00 nensimbi ye-15:00 ungalahlekelwa ngemanti lange-90% ngekuhwamuka.
- o Ngaso sonkhe sikhatsi nawubilisela licandza, yonga lamanti lasapholile kute unisele ngawo tijalo tasendlini. Kukhona letitakuzuza ngetondlamhlaba nome tivundzisi letiphuma elugobolondweni lwelicandza.
- o Gcila ekuhlanyeleni tihlahla tendzabuko naletingasito tendzabuko letingadli emanti (kodvwa hhayi tijalo letingasito tendzabuko letibulala letinye tijalo).
- o Butsela ndzawo tivale ngekwetidzango tato temanti kanye nekutimbonywa ngemacembe.
- o Unganisele njalo tivandze takho, kepha tinisele kahle. Kusebentisa liphayiphi lasesivandzeni kungasebentisa emalitha lange-30 emanti ngemzuzu.
- o Susa tijalo letingasito tendzabuko letibulala letinye endzaweni yakho.
- o Emanti latfolakala ngekuwakhongotela eluphahleni angagcinwa emathangini kute kuniselwe ngawo tivandze.
- o Sebentisa "emanti lamphunga" – emanti lasetjentiswe emabhavini, emishinini yekuwasha kanye nakuleminyey imitfombo yemanti lephephile – kute unisele sivandze sakho.

